



## CLV Easy Olive Tapenade

8 servings

10 minutes

### Ingredients

- 1 cup Black Olives (pitted)
- 2 tbsps Capers
- 1/4 cup Parsley
- 2 tbsps Lemon Juice (juiced)
- 2 tbsps Extra Virgin Olive Oil
- 1/8 tsp Sea Salt

### Nutrition

Amount per serving	
Calories	51
Fat	5g
Saturated	1g
Carbs	2g
Fiber	0g
Sugar	0g
Protein	0g

### Directions

- 1 Combine the olives, capers, parsley, lemon juice, olive oil and sea salt in a food processor and blend until desired consistency is reached. Adjust salt and lemon juice to taste.
- 2 Serve with the seed crackers or on sliced cucumbers.

### Notes

**No Lemon Juice:** Use apple cider vinegar instead.

**No Olive Oil:** Use avocado oil instead.

**Storage:** Refrigerate in an airtight container up to 7 days.