



## Chocolate Cauliflower Smoothie - CLV

2 servings

5 minutes

### Ingredients

- 2 cups Cauliflower (blanched and frozen)
- 1 Banana (frozen)
- 2 tbsps Almond Butter
- 1/4 cup Cacao Powder
- 1/2 cup Protein Powder
- 2 cups Unsweetened Almond Milk (or any non-dairy milk)
- 1 tbsp Maca Powder

### Nutrition

Amount per serving	
Fat	16g
Saturated	2g
Carbs	37g
Fiber	15g
Sugar	13g
Protein	30g
Sodium	235mg

### Directions

- 1 In your blender, combine all ingredients. Blend until smooth, pour into glasses and enjoy!

### Notes

**Make it Mocha:** Replace half of the almond milk with chilled coffee.

**No Maca Powder:** Leave it out or use cinnamon instead.